

# World Renowned 6-Day Silent HEALING Retreat

Given by: **Fr. Anthony, V.C.**



## Are You Happy?

### Need a Spiritual Boost?

Does your faith need a good boost: a stronger sense of hope or an increased feeling of love in your life; Are you feeling spiritually dry or weak? Do you need more joy or happiness in your life?

### Fear

Do you have a fear of anything: fear of the future, fear of failure, fear of rejection, fear of yourself? Are you afraid of history repeating itself? Are you looking for answers?

### Poor Self-Image

Do you suffer from low self-esteem, have a poor self-image or feel that "I'm no good"? Do you like yourself? Do you feel you are unworthy of happiness, that you are undeserving of love? Do you suffer from depression?

### Brokenness

Do you feel broken: from the break-up of a relationship, from the death of friend or relative?

### Hatred

Is there someone you hate, who you have been unable to forgive or who you need to make your peace ?

### Nervous conditions

Do you suffer or have you suffered from any nervous conditions or habits: anorexia nervosa, slimming sickness, bulimia nervosa or other disorders?

### Abuse

Do you suffer or have you suffered abuse: name-calling, bullying, child-abuse, sexual abuse, physical abuse, or psychological abuse?

### Addiction

Are you addicted to food, drugs, alcohol, pornography, masturbation or sex?

*If the answer to **ANY** of the above is **YES**, then this is the chance you have been waiting for.*

## 15<sup>th</sup> – 20<sup>th</sup> June 2009

Franciscan Retreat Centre, Pantasaph, Holywell, Flintshire, N. Wales UK CH8 8PE

Tel: 01352 711053. Email: [pantasaph@gmail.com](mailto:pantasaph@gmail.com) See, [www.pantasaph.org.uk](http://www.pantasaph.org.uk)

All bookings must be made confirmed in writing. Late bookings accepted by email.